

# St. Ives Food Trail

Launching Monday 8th May

**ST IVES FOOD & DRINK FESTIVAL**

**St. Ives**  
Business Improvement District

St Ives is home to an exceptional food and drink scene, with a wealth of culinary talent serving up gastronomic delights.

After the success of 2022, the St Ives Food Trail is back for 2023! We've teamed up with the St Ives BID to create the St Ives Food Trail, showcasing the many unmissable signature dishes the town's food and drink scene has to offer.

From local specialities to chef's specials, you'll find plenty of tasty treats on the St Ives Food Trail – see how many you can try!



## Discover our Drop-ins

Porthminster Beach Café (beach-side) at 11am each day for the St Ives History Walk (£5 each) or drop in to the Porthminster Beach Cafe Kitchen Garden for a garden tour anytime on Friday, Saturday, Sunday.

## SWEET TREATS

### Fancy a traditional CORNISH CREAM TEA?

- 1 Cream Tea COASTERS TEA ROOM
- 2 Cream Tea THE COURTYARD CAFÉ
- 3 Cream Tea MARKET PLACE TEA ROOMS
- 4 Cornish Cream Tea OLIVES
- 5 Cornish Cream Tea THE CORNISH BAKERY
- 6 Coffee and Cake SEA OF COFFEE
- 7 Cinnamon Bun CRAFTED COFFEE HOUSE
- 8 Saffron Bun WARRENS BAKERY
- 9 Saffron Cake WARRENS BAKERY
- 10 Cruffin ST IVES BAKERY
- 11 Lemon Meringue Pie MAKERS OF FINE FOOD
- 12 Crêpes MOR
- 13 Nutella Crêpes ST IVES CREPERIA
- 14 Nutella & Biscoff Milkshakes THE PIER COFFEE HOUSE
- 15 Shipwreck Ice Cream MOOMAID OF ZENNOR
- 16 Nocciola & Pistachio Ice Cream VALENTI'S ICE CREAM WORKSHOP
- 17 Salted Caramel Ice Cream ST IVES ICE CREAM AND COFFEE
- 18 Bubbly Waffle Cone HARBOUR DELIGHTS
- 19 Flavoured Mr Whippy JUS' DESSERTS

## LOCAL SPECIALITIES

- 20 Cornish Seafood Platter MERMAID SEAFOOD RESTAURANT
- 21 Cornish Crab Linguine CAFÉ PASTA
- 22 Cornish Sea Bass THE BEACH RESTAURANT
- 23 Local Cornish Steamed Mussels THE LIFEBOAT INN
- 24 Cornish Mussels and chips SEAFOOD CAFÉ
- 25 Cornish Sharing Plates SOURCE KITCHEN
- 26 Crispy Porthilly Oyster NO.1 FISH STREET
- 27 Herb & Parmesan Crust Hake CELLAR BISTRO
- 28 Cornish Steak Pasty CORNISH BAKEHOUSE
- 29 Butcher's Cornish Steak Pasty HARVEY BROTHERS BUTCHERS
- 30 Cornish Real Ale Selection THE CASTLE
- 31 Small Plates and Oysters FORE STREET DELI
- 32 Cornish Dairy Ice Cream WILLY WALLER'S ICE CREAM
- 33 Full English Breakfast CHAPELS CAFÉ
- 34 Lola's Full English Breakfast LOLA'S LOUNGE
- 35 Scoffs English Breakfast SCOFF TROFF CAFÉ
- 36 Breakfast THE TRETRO LOUNGE
- 37 Gourmet Tasting Menu 27 THE TERRACE
- 38 Mackerel & Ponzu Paté PORTHMINSTER KITCHEN
- 39 The O.G. chicken & craft beer BEER AND BIRD
- 40 Cod & Chips THE BALANCING EEL
- 41 Gourmet Fish & Chips HARBOUR FISH AND CHIPS
- 42 Cod & Chips PEDN OLVA
- 43 Big Kahuna HUB ST IVES
- 44 Cornish Lobster BY THE SEA
- 45 Crispy Duck Pizza PEPPERS PASTA AND PIZZERIA
- 46 Beef Cheek THE LOFT RESTAURANT AND TERRACE
- 47 Burrito Grande THE MEX
- 48 Chicken Hariali CURRY GARDEN
- 49 S. E. Asia Monkfish Curry PORTHMINSTER BEACH CAFÉ
- 50 Thai Red Prawn Curry PORTHMEOR BEACH CAFÉ
- 51 Pizza THE QUEENS
- 52 Fantastic Tawa RAJPOOT
- 53 Jambalaya Spicy dish THE RUM AND CRAB SHACK
- 54 Tawa THE SPICE CENTRE

## MAIN MEALS

- 55 Panang Curry TALAY THAI
- 56 King Kebab KING KEBAB
- 57 Cacao baked heritage beetroot THE TATE RESTAURANT
- 58 Chicken Saltimbocca TREGENNA CASTLE HOTEL
- 59 Steak & Chips THE SLOOP INN
- 60 Sunday Roast UNION INN
- 61 Sunday Carvery WESTERN HOTEL
- 62 Fish and Chips BY THE SEA

## LIGHT BITES

- 63 Taco BALCONY BAR AND RESTAURANT
- 64 Tapas SILCO
- 65 Belgian Beer and Bites BIER HUIS GRAND CAFÉ
- 66 Cocktails & small plates LITTLE PALAIS
- 67 Tapas or pizza PORTHGWIDEN BEACH CAFÉ
- 68 Twice Baked Cheese Soufflé HARBOUR HOTEL
- 69 Bagels THE BEACH CAFÉ BAR
- 70 Sandwich Toasties HARBOUR POOL CLUB
- 71 Crab Sandwich THE SLIPWAY
- 72 Artisan Sourdough Sandwich THE YELLOW CANARY CAFÉ
- 73 Turkish Flatbread Sandwiches BREWHOUSE CAFÉ
- 74 Vegan Pasty PENGENNA PASTIES
- 75 Gourmet Sausage Roll SKY'S DINER

- 76 Hummus Falafel Wrap CAFÉ ART
- 77 King Prawn Po-Boy THE CORNISH DELI
- 78 New Rotisserie Chicken BLAS BURGERWORKS
- 79 Salt & Pepper Chicken HONG KONG KITCHEN
- 80 Chicken Shawarma ST IVES STREET FOOD
- 81 Roast Duck with Mushroom in Satay sauce YEUNGS TAKEAWAY
- 82 Seafood Street Food FISH SHED
- 83 Crémant & Olive Oil Crisps ST EIA COFFEE AND WINE
- 84 Light Bites WETHERSPOONS

## DRINKS

- 86 Single Origin Coffee YALLAH COFFEE
- 87 Chilli Mango tango Cocktail FIREHOUSE BAR AND GRILL
- 88 Cocktails HARBOUR VIEW HOUSE
- 89 Mojito HOST
- 90 Cocktails NO.7 COCKTAIL BAR
- 91 Shot of Stargazy Rum THE R BAR
- 92 Try a St Ives Gin THE SEAROOM BY ST IVES LIQUOR CO.
- 93 Cocktails UPPER DECK